

Individual Hot Menu Items

You can choose from any of our individual Menus or Build your own from the list below. All of our items are made fresh on our premises.

Lasagna Our homemade lasagnas are exquisite. 12" x 21" tray cut into 18 pieces. Available in Meat & Cheese, Tuscan vegetable or Roasted Red Pepper & Goat Cheese.

Cannelloni Fresh pasta filled with ricotta cheese & spinach or lean ground beef & cheese served in a parmesan blush sauce

Tortellini (Meat or cheese) In a parmesan blush sauce.

Pasta Your choice of pasta with our homemade tomato sauce

Additional charge per tray for any of the following specialty sauces

(Italian meat & tomato ~ Roasted red pepper cream ~ Alla Vodka ~ Vodka sausage ~ Primavera ~ Wine garlic ~ Basil cream ~ Creamy mushroom ~ Carbonara)

La Vita's Famous Meatballs Our delicious meatballs are perfect with any pasta dish, or just by themselves. (3 meatballs per guest)

Chicken Lightly breaded schnitzel or in tomato sauce

Chicken Breast marinated in a Balsamic dressing then oven baked and lightly grilled. Can also be skewered with Tuscan vegetables (2 per guest)

Veal tenderized lightly breaded schnitzel or in tomato sauce

Veal or Chicken Scaloppini with a creamy mushroom sauce

Roasted Sausage Fresh cooked Italian sausage

Vegetables your choice of honey glazed baby carrots & green beans, mixed vegetables in a garlic butter sauce or marinated Tuscan vegetables

Roasted Potatoes Try our oven roasted garlic potatoes, perfect on any menu

Risotto Mixed vegetable risotto

Arancini (Rice Balls)

Salad Choose from a Spring mix salad with cherry tomatoes, cucumbers, green onion, shredded carrots and cheese in a balsamic dressing OR a classic Caesar salad with our tangy homemade Caesar dressing

Any of our menus can be served on location by our courteous and professional staff

*If you don't find what you are looking for please ask!
(905) 877-7719*



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enjoy La Vita....



Classic Platters

small serves 10-15 guests

large serves 20-25 guests

Deli Sandwiches - an assortment of freshly baked artisan rolls filled with black forest ham & Swiss, oven-roasted turkey & havarti, roast beef & cheddar and Genoa salami & provolone.

Gourmet Wraps - an assortment of colourful wraps filled with Tuscan vegetables, oven-roasted chicken & swiss and oven-roasted turkey & havarti.

Mixed Antipasto - a generous array of deli meats and cheeses served with mixed antipasto, olives and roasted red peppers accompanied by freshly baked artisan rolls.

Gourmet Cheese Platter - wedges of creamy brie, sharp stilton and tangy goat cheese served with crisp grapes, juicy strawberries and water crackers.



Classic Cheese Squares - delicious cheeses such as provolone, Canadian cheddar and Italian friulano accompanied by crisp juicy grapes and water crackers

Deli Delight – freshly rolled French herbs ham, mortadella, oven-roasted chicken and roast beef garnished with fresh vegetables and herbs.
(buns not included)

Fresh Fruit Medley- juicy and refreshing seasonal fresh fruit and berries with our very own sweet cinnamon dip.

Garden Vegetables - a variety of fresh cut crudités served with our famous roasted red pepper dip



Cold Buffet Packages

Package 1: Our cold buffet package offers you a little of everything. This menu is perfect for almost any occasion, including stags, showers and luncheons.

Gourmet wrap - Fruit platter - Spring Mix Salad - Sweets - All Disposables (minimum 10 guests)

Package 2: Looking for a light lunch and something your guests can carry around without needing utensils? Try this package for your occasion and listen to the compliments flow!

Deli Sandwiches - Vegetable Platter - La Vita Sweeties - Plates & Napkins (minimum 10 guests)

Package 3: Our Hot 'n' Cold package will leave your guests satisfied without over doing it. This menu is perfect for office luncheons.

Deli Sandwich or Gourmet wrap - Homemade Soup of the Day- Spring Mix Salad - All Disposables (minimum 10 guests)



Hot Menu Packages

A. Cannelloni, Chicken & Tuscan Vegetable Skewer, Roasted Sausage, Roasted Potatoes, Salad, Buns, All Disposables

B. Penne in Tomato Sauce, 1 Meatball, 1/2 Breaded Chicken Cutlet in Tomato Sauce, Roasted Potatoes, Honey Glazed Baby Carrots & Green Beans, Salad, Buns, All Disposables

C. Meat & Cheese Lasagna, Veal Scaloppini in Mushroom Sauce, Roasted Potatoes, Marinated Tuscan Vegetables, Caesar Salad, Buns, All Disposables

D. Rigatoni in meat sauce, 1/2 Roasted Sausage, Roasted Potatoes, Mixed Veg./ Garlic butter Sauce, Spring Mix Salad Buns, All Disposables

E. Penne alla Vodka, Veal Cutlet in Tomato Sauce, Roasted Potatoes, Honey Glazed Baby Carrots & Green Beans, Salad, Buns, All Disposables

Hor d'oeuvres and more...

Gourmet Mini Quiches - delicate buttery pastry surrounds a variety of savory mouth-watering fillings.

La Vita Pinwheels – containing two delicious fillings: sweet red peppers, cheddar and cream cheese; and spinach, feta, artichoke and mozzarella cheese. We roll the fillings into fresh colourful wraps and slice into bite-sized hor d'oeuvres, accompanied by our roasted red pepper dip (Enjoy warm or cold!)

Ham, Cream Cheese & Asparagus Rolls black forest ham, cream cheese and tender-crisp asparagus individually rolled together to make this wonderful appetizer or hor d'oeuvres.

Parmesan Crab Dip in Calabrese – you'll love our recipe for creamy crab dip served in a crusty Calabrese loaf with fresh bread for dipping



Dessert and Breakfast Trays

La Vita Sweeties - a delectable assortment of delicious sweets and pastries to delight your guests.

Rise and Shine - an assortment of freshly baked continental style breakfast items to delight all.

Chocolate Dipped Strawberries - select juicy strawberries dipped in fine Belgian chocolate

Free delivery on orders over \$100.00
All our food is prepared fresh daily
using only the finest ingredients
Terms are COD
Visa and Mastercard accepted